Elementary School Menu March 2024

		Elementary School Menu March 2024		
4-Mar	3 S-Mar	6-Mar	7-Mar	1-Mar Cheese Pizza or PB&J Uncrustable Or Chef Salad with Ham Green Beans, Buttered Corn Fruit Milk Breakfast- Cheesey Grits, Sausage Grab n go w/fruit, juice, and milk
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5	Beef & Cheese Nachos	Country Fried Steak w/gravy & Roll	Oven Fried Chicken w/corn muffin	Cheese Filled Breadsticks w/marirana
or PB&J Uncrustable	or PB&J Uncrustable	or PB&J Uncrustable	or PB&J Uncrustable	or PB&J Uncrustable
Or Chef Salad w/ Popcorn Chicken	Or Chef Salad with Ham	Or Chef Salad with Grilled Chicken	Or Chef Salad with Ham	or Taco Chef Salad
Fried Rice, Steamed Carrots	Refried Beans	English Peas, Mashed Potatoes	Blackeyed Peas, Collard Greens	Buttered Corn, Garden Salad
Fruit	Fruit	Hot Cinnamon Apples	Fruit	Fruit 3
Milk	Milk ***	Milk	Milk	Milk ag
	W X**			Shi Saving
Breakfast- BF Sandwich	Breakfast- Sunrise Parfait	Breakfast- Chicken & Waffles	Breakfast- Donut Holes	Breakfast- Cheesey Grits, Sausage
Grab n go w/fruit, juice, and milk	Grab n go w/fruit, juice, and milk			
11-Mar	12-Mar	13-Mar	14-Mar	15-Mar
	Buffalo Ranch Tacos	Baked Ziti	Boneless Wings and Sauce	Cheese Pizza
	or PB&J Uncrustable	or PB&J Uncrustable	or PB&J Uncrustable	or PB&J Uncrustable
Or Chef Salad w/ Popcorn Chicken	Or Chef Salad with Ham	Or Chef Salad with Grilled Chicken	Or Chef Salad with Ham	or Taco Chef Salad
Sweet Potatoes, Baked Beans	Onion Rings	Garlic Knot, Broccoli	Curly Fries	Green Beans
Fruit	Fruit	Fruit	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk
Breakfast- BF Bagel	Breakfast- Sausage Biscuit	Breakfast- BF Bowl	Breakfast- Apple Frudel w/Yogurt	Breakfast- Cheesey Grits, Sausage
Grab n go w/fruit, juice, and milk	Grab n go w/fruit, juice, and milk			
18-Mar	19-Mar	20-Mar		Field Day 22-Mar
	Chicken Fajita	Meatball Sub	Chicken Fingers w/bbg sauce	Chicken Sandwich w/pickles
,	or PB&J Uncrustable	or PB&J Uncrustable	or PB&J Uncrustable	or PB&J
	Or Chef Salad with Ham	Or Chef Salad with Grilled Chicken	Or Chef Salad with Ham	Carrot and Celery sticks w/ranch
Roasted Carrots	Spanish Rice, Refried Beans	California Mixed Vegetable	Lima Beans, Squash	Frozen Juice cup
		=	Fruit	Chips * FIFI D*
Fruit Milk	Fruit Milk	Fruit	Milk	Chips * FIELD*
Milk	Milk	Milk	Milk	THE CAPAL SECTION
				Breakfast- Cheesey Grits, Sausage
Breakfast- Pancakes & Sausage	Breakfast- Yogurt Parfait	Breakfast- Gravy Biscuit w/Sausage	Breakfast- Pancake sausage stick	
	Grab n go w/fruit, juice, and milk	Grab n go w/fruit, juice, and milk	Grab n go w/fruit, juice, and milk	Grab n go w/fruit, juice, and milk
26-Mar	26-Mar	27-Mar		29-Mar
	Beef & Cheese Nachos	Chicken Alfredo w/garlic knot	Chicken Sandwich	Cheese Pizza
	or PB&J Uncrustable	or PB&J Uncrustable	or PB&J Uncrustable	or PB&J Uncrustable
Or Chef Salad w/ Popcorn Chicken	Or Chef Salad with Ham	Or Chef Salad with Grilled Chicken	Or Chef Salad with Ham	or Taco Chef Salad
Sweet Potato Fries	Black Bean Salad	Broccoli	Stright Fries	Corn
Fruit	Fruit	Fruit	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk
Breakfast- Dutch Waffle w/sausage	Breakfast- Chicken Biscuit	Breakfast- Scone w/sausage	Breakfast- Cinnamon Roll w/cheese stick	Breakfast- Cheesey Grits, Sausage
Grab n go w/fruit, juice, and milk	Grab n go w/fruit, juice, and milk			